

Dear Parents/Guardians,

From the week commencing 2nd June, we will be teaching the 'Growing and Changing' unit of SCARF.

As you may be aware, this unit will cover aspects of Relationships Education (RSE). As a result, your child may come home and have questions or talk about the topics that we will be discussing in class. Please find below an overview of the unit which will be taught throughout the last term of school.

Reception	
Lesson name:	Lesson Overview:
Seasons	Children will be able to: <ul style="list-style-type: none">Name the different seasons and describe their differences.Explain the changes that occur as seasons change.Talk about how they have grown in resilience.
Life stages - plants, animals, humans	Children will be able to: <ul style="list-style-type: none">To understand that animals and humans change in appearance over time.Use relevant vocabulary such as egg, seed, baby, grow, change, old, young (and the names for young animals).Make observations and ask questions about living things.
Life Stages: Human life stage - who will I be?	Children will be able to: <ul style="list-style-type: none">Retell a story and respond to questions about it.Use the language and describe the different life stages of: baby, child, teenager, adult, older age.Talk about their own experience of growing up.
Where do babies come from?	Children will be able to: <ul style="list-style-type: none">Explain that a baby is made by a woman and a man, and grows inside a mother's tummy.Understand that every family is different.Talk about similarities and differences between themselves and others.
Getting bigger	Children will be able to: <ul style="list-style-type: none">Talk about how they have changed as they have grown.Explain the differences between babies, children, and adults.Understand that we are all unique.
Me and my body - girls and boys	Children will be able to: <ul style="list-style-type: none">Name parts of the body (including reproductive parts) using the correct vocabulary.Explain which parts of their body are kept private and safe and why.Tell or ask an appropriate adult for help if they feel unsafe.

If you would like any additional resources to use at home to support with talking to your children about sex and relationships, and related topics there is a suggested book list attached to this letter.

Should you have any questions, please speak to your child's class teacher or Miss Goodship.

Thank you for your continued co-operation.

Miss C Goodship
P.S.H.E. Lead