PSHE – Relationships Education (Year 2)

Dear Parents/Guardians,

From the week commencing 2nd June, we will be teaching the 'Growing and Changing' unit of SCARF.

As you may be aware, this unit will cover aspects of Relationships Education (RSE). As a result, your child may come home and have questions or talk about the topics that we will be discussing in class. Please find below an overview of the unit which will be taught throughout the last term of school.

Year 2	
Lesson name:	Lesson Overview:
A helping hand	Children will be able to:Demonstrate simple ways of giving positive feedback to others.
Sam moves away	 Children will be able to: Recognise the range of feelings that are associated with losing (and being reunited) with a person they are close to.
Haven't you grown!	 Children will be able to: Identify different stages of growth (e.g. baby, toddler, child, teenager, adult); Understand and describe some of the things that people are capable of at these different stages.
My body, your body	 Children will be able to: Identify which parts of the human body are private; Explain that a person's genitals help them to make babies when they are grown up: Understand that humans mostly have the same body parts but that they can look different from person to person.
Respecting privacy	 Children will be able to: Explain what privacy means; Know that you are not allowed to touch someone's private belongings without their permission; Give examples of different types of private information.
Some secrets should never be kept	 Children will be able to: Identify how inappropriate touch can make someone feel; Understand that there are unsafe secrets and secrets that are nice surprises; Explain that if someone is being touched in a way that they don't like they have to tell someone in their safety network so they can help it stop.

If you would like any additional resources to use at home to support with talking to your children about sex and relationships, and related topics there is a suggested book list attached to this letter.

Should you have any questions, please speak to your child's class teacher or Miss Goodship.

Thank you for your continued co-operation.

Miss C Goodship P.S.H.E. Lead





6th May 2025